

The Considerate Operator's Frequency Guide

A guide to where on the HF bands various modes and activities are generally found. All frequencies are in MHz.

The following frequencies are generally recognized for certain modes or activities (all frequencies are in MHz).

Nothing in the rules recognizes a net's, group's or any individual's special privilege to any specific frequency. Section 97.101(b) of the Rules states that "Each station licensee and each control operator must cooperate in selecting transmitting channels and in making the most effective use of the amateur service frequencies. No frequency will be assigned for the exclusive use of any station." No one "owns" a frequency.

It's good practice — and plain old common sense — for any operator, regardless of mode, to check to see if the frequency is in use prior to engaging operating. If you are there first, other operators should make an effort to protect you from interference to the extent possible, given that 100% interference-free operation is an unrealistic expectation in today's congested bands.

Frequencies	Modes/Activities	Frequencies	Modes/Activities
1.800-2.000	CW	14.1005-14.112	Automatically controlled data stations
1.800-1.810	Digital	14.230	SSTV
1.810	QRP CW calling frequency	14.285	QRP SSB calling frequency
1.843-2.000	SSB, SSTV and other wideband modes	14.286	AM calling frequency
1.910	SSB QRP		
1.995-2.000	Experimental	18.100-18.105	RTTY /Data
1.999-2.000	Beacons	18.105-18.110	Automatically controlled data stations
		18.110	IBP/NCDXF beacons
3.500-3.510	CW DX window		
3.560	QRP CW calling frequency	21.060	QRP CW calling frequency
3.570-3.600	RTTY/Data	21.070-21.110	RTTY/Data
3.585-3.600	Automatically controlled data stations	21.090-21.100	Automatically controlled data stations
3.590	RTTY/Data DX	21.150	IBP/NCDXF beacons
3.790-3.800	DX window	21.340	SSTV
3.845	SSTV	21.385	QRP SSB calling frequency
3.885	AM calling frequency		
3.985	QRP SSB calling frequency	24.920-24.925	RTTY/Data
		24.925-24.930	Automatically controlled data stations
7.030	QRP CW calling frequency	24.930	IBP/NCDXF beacons
7.040	RTTY/Data DX		
7.080-7.125	RTTY/Data	28.060	QRP CW calling frequency
7.100-1.105	Automatically controlled data stations	28.070-28.120	RTTY/Data
7.171	SSTV	28.120-28.189	Automatically controlled data stations
7.285	QRP SSB calling frequency	28.190-28.225	Beacons
7.290	AM calling frequency	28.200	IBP/NCDXF beacons
		28.385	QRP SSB calling frequency
10.130-10.140	RTTY/Data	28.680	SSTV
10.140-10.150	Automatically controlled data stations	29.000-29.200	AM
		29.300-29.510	Satellite downlinks
14.060	QRP SSB calling frequency	29.520-29.580	Repeater inputs
14.070-14.095	RTTY/Data	29.600	FM simplex
14.095-14.0995	Automatically controlled data stations	29.620-29.680	Repeater outputs
14.100	IBP/NCDXF beacons		